

WARNER ROBINS SENIOR ACTIVITY CENTER (50 YEARS OLD AND UP)



DECEMBER 2016

WRSC November Birthdays



TWSC November Birthdays



TWSC Thanksgiving Luncheon



Providence Canyon Bus Trip



Ceramics Thanksgiving Luncheon



Classes Provided



AEROBICS:

Monday, Wednesday and Friday 9:00am—10:00am. This is a low impact aerobics class for seniors. Please call 293-1066 if you have any questions.

PRIME PAINTERS:

Thursday from 1:30—4:00pm. Bring your own supplies.



WOODSHOP:

Monday, Tuesday, Wednesday and Friday - Open 9:00am—Noon.



AARP DRIVER SAFETY CLASS:

9:00am-4:00pm in the Senior Center. Please contact Don Tate 396-9705 or dedtate2@gmail.com to reserve a seat.

CERAMICS: Tuesdays and Fridays, 10:30am till 4:00pm. There are charges for greenware, lights, music boxes, etc. Brushes and cleaning tools are available for purchase. No charge for firing or paint. Please call 293-1066 if you have any questions.



QUILTING:

Wednesday at 10:00am—2:00pm. Bring your own scissors and thimble. Hand quilting done for the public.. Quilts sold at the Senior Activity Center.



YOGA:

Tuesday & Thursday 2pm - 3pm. Cost \$5.00 per class. Gentle stretching, balance & breathing exercises to help with daily activities & lower blood pressure. Any ability level welcome. Designed to improve posture and mood.



IKEBANA

Japanese Flower arranging, Monday's from 2:00-4:00pm. For additional information contact Yuko Hancock 923-7312 or Dee Boren 987-0493.



LINE DANCING: Beginners meet Wednesday from 1:00—2:00pm, cost is \$2.00. Advanced class meets Wednesdays from 2:30—4:00pm, cost is \$3.00. Please contact Julia Juarez 918-5635 for additional information.



WATER AEROBICS:

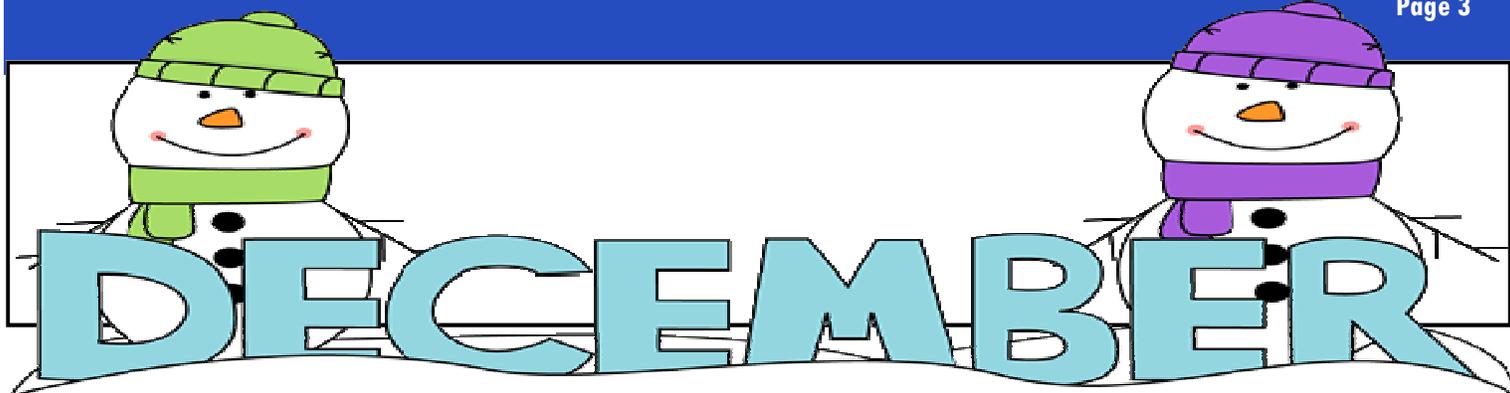
Monday, Tuesday, Thursday and Friday 9:00am—10:00am @ Fountain Park. Cost is \$25.00 per month. For additional information please contact Miranda Nelson 293-1071.



Location by Color

(Calendar on next page)

- SC - **Senior Activity Center - 152 Maple Street**
- TW - **Ted Wright Park - 2841 Moody Road**
- FP - **Fountain Park - 614 Kimberly Road**
- WC - **Wellston Center - 155 Maple Street**
- MR - **McIntyre Rm. - Rec. Dept. 800 Watson Blvd.**
- BT - **Bus Trips**



Sun	Mon	Tue	Wed	Thu	Fri	Sat																																										
<p><i>January 2017</i></p> <table border="1"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> </table>	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11				<p>1</p> <p>9AM Water Aerobics 10 AM Self Defense 1:30 PM Prime Painters 2 PM Yoga</p>	<p>2</p> <p>9AM Water Aerobics 9 AM Aerobics & Woodworking 10:30AM-4 PM Ceramics</p>	<p>3</p>
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**Warner Robins
Senior Activity Center**

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www.facebook.com/cityofwr



WEBSITE: www.wrga.gov

The Senior Activity Center is Non-Profit and is sponsored by the Warner Robins Recreation Department. All of our Programs and Activities are open to the public for anyone 50 years and up.

Meetings

- **AARP:** - The 4th Wednesday of the month, 10:00am—Noon. Location @ the Wellston Center, 155 Maple Street. President, Greg Davis, 478/318-0471 - www.aarpchapter1952.org.
- **AARP: Driver Safety Course,** Jan. 18, 2017– 9:00AM—4:00PM @ the Senior Activity Center, 152 Maple St. Call Don Tate (478-396-9705) or email: dedtate2@gmail.com to register.
- **NARFE: Nat'l Active & Retired Federal Employees** - The 2nd Wednesday of the month, 10:00am—noon @ the Wellston Center, 155 Maple Street. President, Charles Farmer 478-333-2972.
- **TED WRIGHT SOCIAL CLUB:** Meets 2nd & 4th Thursday of the month, 9:00am—11:00am @ Ted Wright Park, 2841 Moody Road. President, Betty Lou Lovain 478-235-6654.
- **WARNER ROBINS SOCIAL CLUB:** Meets 2nd & 4th Tuesday of the month, 9:30am—11:15am @ the Wellston Center, 155 Maple Street. President, Van Adams 478-297-5924.

Upcoming Events!

- Dec. 13th - WRSC and TWSC will be meeting this date from 9:30am-1:30pm for the annual Christmas Luncheon. Please give Cathy a call to sign up and pay your \$4.00 for the catered meal.
- Dec. 16th - No LMNO this month.
- Dec. 19th - AARP regular meeting is moved to the 19th in lieu of Dec. 28th.
- Dec. 21st - AARP Driver Safety Course will not meet this month.
- Dec. 23rd - Our offices will be closed for Christmas Holiday.
- Dec. 26th - Our offices will be closed for Christmas Holiday.

For Reservations please call 478-293-1066